



# Sophia's Lenten Prayer Promise Coupon

## I PROMISE TO PRAY...



I promise \_\_\_\_\_ to pray

for \_\_\_\_\_ (Jesus / Theotokos / Saint / Family)

When: \_\_\_\_\_ (morning / bedtime / before meals)

Signed: \_\_\_\_\_



# SOPHIA

SCAN CODE TO LEARN ABOUT PRAY & GO SOPHIA ADVENTURES!

Copyright © Sophia Inc A New Jersey Nonprofit Organization  
A NJ Nonprofit Corporation. All rights reserved. Free Educational Use License  
(Non-Commercial, No-Derivatives; with Additional Restrictions).  
Visit [www.orthodoxyforkids.com](http://www.orthodoxyforkids.com) for License & Usage Terms.

# Billy The Goat's Lenten Kindness Coupon

## I PROMISE TO BE KIND BY...

I promise to \_\_\_\_\_ (kind task)

for \_\_\_\_\_ (Mom / Dad / sibling / friend / teacher)

I will do it: \_\_\_\_\_ (every day / 3 times / per week)

Signed: \_\_\_\_\_



# SOPHIA

SCAN CODE TO LEARN ABOUT PRAY & GO SOPHIA ADVENTURES!

Copyright © Sophia Inc A New Jersey Nonprofit Organization  
A NJ Nonprofit Corporation. All rights reserved. Free Educational Use License  
(Non-Commercial, No-Derivatives; with Additional Restrictions).  
Visit [www.orthodoxyforkids.com](http://www.orthodoxyforkids.com) for License & Usage Terms.



# Sophia's Lenten Helping Hand Coupon

## I PROMISE TO HELP BY...



I promise to help by \_\_\_\_\_

for \_\_\_\_\_ (my family / my church / volunteer)

I will do it: \_\_\_\_\_ (every day / weekend)

Signed: \_\_\_\_\_



# SOPHIA

SCAN CODE TO LEARN ABOUT PRAY & GO SOPHIA ADVENTURES!

Copyright © Sophia Inc A New Jersey Nonprofit Organization  
A NJ Nonprofit Corporation. All rights reserved. Free Educational Use License  
(Non-Commercial, No-Derivatives; with Additional Restrictions).  
Visit [www.orthodoxyforkids.com](http://www.orthodoxyforkids.com) for License & Usage Terms.

